



Too COLD for you to exercise outside?

Try walking laps indoors in our gymnasium instead.

Two Locations:

-  CC Woodson Community Center
-  Northwest Community Center

So How's This Work?

This is an on-going competition for dedicated walkers. Just keep track of your laps, fill out a slip at the front desk, & we'll record your miles. Watch each month to see how far you've gone. Soon you'll find you're well on your way to "Walking Across America!"

Watch for fitness challenges throughout the year to win prizes.